

Lakeport Unified School District

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January 2024 H.S. Lunch Menu

Dec 19,
2023

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1 Happy New Year!!!	Jan - 2 Winter Break	Jan - 3 Winter Break	Jan - 4 Winter Break	Jan - 5 Winter Break
Jan - 8 Whole Grain Burrito Spanish Rice Fresh Fruit Variety Carrot Sticks Milk- Variety	Jan - 9 Chicken Strips Potato Wedges Garden Salad Fresh Fruit Variety Milk- Variety	Jan - 10 W.G. Corn Dog Celery Sticks Garden Salad Fresh Fruit Variety Milk- Variety	Jan - 11 Teriyaki Rice & Veggie Bowl Fresh Fruit Variety Milk- Variety Egg Roll Fortune Cookie	Jan - 12 Pizza Pep Salad Garden-Ranch Fresh Fruit Assorted Milk- Variety Chocolate Chip Cookie
Jan - 15 NO SCHOOL TODAY	Jan - 16 Chicken Enchilada Cass. Garden Salad Fresh Fruit Assorted Milk- Variety	Jan - 17 Chicken Burger FRENCH FRIES Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Jan - 18 BBQ Pulled Pork Sandwich Whole Grain Bun Cole Slaw Salad Bar Fresh Fruit Variety Milk- Variety	Jan - 19 Whole Grain Burrito Spanish Rice Fresh Fruit Variety Carrot Sticks Milk- Variety
Jan - 22 BBQ Cheese Burger on a Whole Grain Bun Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Jan - 23 Meatball on a Whole Grain Sub Roll Salad Cup Fresh Fruit Variety Milk- Variety	Jan - 24 Sloppy Joe on a bun Green Beans Salad Bar Fresh Fruit Variety Milk- Variety	Jan - 25 Uncrustable Carrot Sticks Salad Bar Fresh Fruit Variety Milk- Variety	Jan - 26 Pizza Pep Salad Garden-Ranch Fresh Fruit Assorted Milk- Variety Chocolate Chip Cookie
Jan - 29 Chili Dog on a Whole Grain Bun French Fries Fresh Fruit Variety Milk- Variety	Jan - 30 Taco bar with choice of Chicken,Beef & Toppings Spanish Rice Garden Salad Fresh Fruit Variety Milk- Variety	Jan - 31 Pasta Bar w/ Choice of Meats & Sauces Fresh Roll Fresh Fruit Assorted Garden Salad Milk- Variety		

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250 * All meal have 2 oz's of Whole Grain Rich in them. also, Menu's subject to change based availability.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.